

## HOW TO BE AN ARTIST

Stay loose. Learn to watch snails. Plant impossible gardens. Invite someone dangerous to tea. **Make little signs that say YES!** And post them all over your house. Make friends with freedom and uncertainty. Look forward to dreams. Cry during movies. Swing as high as you can on a swingset by moonlight. Cultivate moods. Refuse to "be responsible". Do it for love. Take lots of naps. Give money away. Do it now. The money will follow. Believe in magic. Laugh a lot. Celebrate every gorgeous moment. Take moonbaths. Have wild imaginings, transformative dreams and perfect calm. **Giggle with children.** Talk to old people. Draw on the walls. Read every day. Open up. Dive in. Be free. Bless yourself. Drive away fear. Play with **EVERYTHING**. Entertain your inner child. You are innocent. Build a fort with blankets. Get wet. Hug trees.

Write love letters.